

SUSTAINABLE SNAPSHOTS

Loreto Bray Peace & Justice

WELCOME

Welcome to the first edition of the Peace and Justice Newsletter!

This newsletter is working to keep you up to date on hot topics and new problems all to do with Peace, Justice and Sustainability.

Here you can find brief articles, top tips, new influencers to follow and so much more. Our team wants to keep you up to date and in the know. Together we can make a change and we hope you will stick around to help us with this goal.

FASHION FAULTS

The facts of fast fashion

By Laura Hoban

Fast fashion is the inexpensive and rapid production of clothing by mass-market retailers in response to the latest trends, this allows consumers to buy the latest fashion trends at cheap prices.

Years ago there were 4 main fashion seasons, now designers say that we have 52 microseasons meaning each week consumers can avail of new fashion trends. Fast fashion encourages consumers to buy lots of clothes, discard them after a short period of time and buy more clothes.

From a consumer's perspective fast fashion has 3 main components: it's cheap, trendy and disposable.

There is an annual consumption of 80 million pieces of new clothing around the world, this is a 400% increase since 2000.

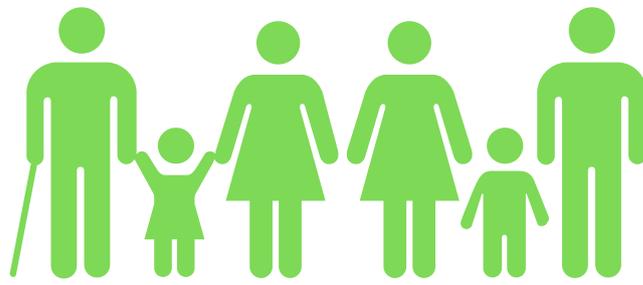
Fast fashion started with the Industrial Revolution and the invention of the sewing machine, this further accelerated when WW2 broke out. Fabrics had to be rationed and people became more accepting of simple mass produced clothing.

Manufacturers seek out the cheapest labour, cost and materials. Each day 40 million workers endure poor working conditions and earn unfair wages to assemble the clothing. In Bangladesh workers earn \$96 a month (roughly €89), these workers don't make enough money to afford basic needs each month. Many manufacturers will also employ children as the cost of child labour is much cheaper.

Fast fashion also has a massive impact on our environment; some of these impacts include the depletion of non-renewable sources, the emission of greenhouse gasses and massive amounts of water and energy. Bodies of water near factories can become heavily polluted due to chemicals and dyes from the factories being leaked into them. For many people these bodies of water are their main water source.

However there are some ways in which we can reduce our need for fast fashion.

1. Bring unwanted clothing to charity shops and recycling centers.
2. Upcycle clothing. Upcycling is a way of processing an item to make it better than the previous, this is often taking something that doesn't fit or is stained/torn and refashioning it to a new clothing item.
3. Buy clothes which are more expensive but will last much longer. (eg: a jumper bought in M&S should last much longer than one bought in Penny's)
4. Shop in charity shops.
5. Design a capsule wardrobe. A capsule wardrobe is a minimalist wardrobe which uses 30-40 clothing items. The aim is to use these pieces for a full season, this should hopefully show you what pieces you use and what items you don't while reducing your need to buy lots of clothing items.



KEEPING UP WITH THE GREEN SCHOOLS COMMITTEE

By Megan Tuckett

In the daily battle with climate change, Loreto Bray rose to the challenge with its army of volunteers. On Saturday the 11th of December, students, teachers, parents and many in the surrounding community readied their spades and shovels, along with 600 trees, and began planting.

With their army of birch, oak, alder, hawthorn, hazel and mountain ash, everyone set to digging. They planted each and every single sapling by hand, each having cost one euro and bought throughout the week by sponsoring businesses.

HELPFUL HABITS

- 1. THE OBVIOUS! THE 3 R'S REDUCE! REUSE! RECYCLE! AS TESCO SAYS "EVERY LITTLE HELPS"!**
- 2. BUYING FOOD IN SEASON IS CHEAPER AND BETTER (YUMMM GOTTA LOVE THAT SPRING LETTUCE)!**
- 3. BUY SECOND HAND - DID YOU KNOW THAT BRAY HAS AT LEAST FIVE FABULOUS CHARITY SHOPS THAT CONTAIN BRILLIANT BARGAINS?! NEXT TIME YOU'RE DOWNTOWN, HAVE A SNEAKY LOOK AND SEE WHAT'S ON OFFER!**

Loreto Bray is one of many sites Biodiversity Bray has helped plant trees during Bray Tree Week, also including Bray Golf Club. It was sponsored by Wicklow County Council, Bray Golf Club, Arboretum Kilquade LTD, Fusco foods, Glovers Coffee, Benville Robinson Solicitors, Bad Robot and Catalyst Coffee. 1500 trees were planted in total during 2021 Bray Tree Week.

60% of the trees planted that day will make it through the harsh winters and warm summers in the future. They will absorb the CO² and produce oxygen, helping to reduce the gasses in our atmosphere and contributing to the reduction of the effect of climate change.

After the big planting there was plenty of lovely sweet pastries and drinks to be passed around, all supplied by Catalyst Coffee. Many students look forward to watching their new mini urban forest grow and flourish, not only during their school years but for many years to come.

Sustainable Snapshots

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Let's all "cop" on

In 2021 Cop 26 was held in Glasgow. It was the 26th United Nations Climate Change Conference. At the conference world leaders reached the Cop 26 Agreement. It sets the Global Agenda on Climate Change for the next decade. It was agreed nations would cut emissions, phase down coal which is responsible for 40% of annual Co2 emissions, increase funding for poorer countries, phase out subsidies that artificially lower the price of coal, oil or natural gas. Leaders from more than 100 countries promised to stop deforestation by 2030 and to cut 30% of methane emissions by 2030. The world's biggest Co2 emitters, the US and China pledged to cooperate more over the next decade.

Submitted by Laura Molloy



insta insights

Fabulous Fashion and Foodie Follows

1. Futureearth
2. Deliciouslyella
3. Theuselessproject



Reminders

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